

Falmouth Running Club January Meeting Minutes 2025

Call to Order at 7:03pm

Attendees: Jack Afarian, Kathy MacDonald, Dori Gray, Adria Bodell, Chris Langlais

- **Acceptance of December Meeting Minutes**

- A motion was made to accept December meeting minutes. All in favor, meeting minutes accepted.

- **Member Open Comments (5 minutes)**

N/A

- **Officer Reports**

- **Jack** – Club is in good shape – approx. 370 members
- **Ron** - absent
- **Chris** – \$139k in checking account at beginning of last month. At end of the month, we are down to \$118k. (final CCM bills were paid, as well as deposits paid for 2025 CCM) - The Money Market account has \$5k – the CD is at \$107k for a total of approximately \$230k in cash 2024 net profit was approximately \$30k and in 2023 net profit was approximately \$31k. December financials will be emailed to BOD early next week.
- **Kathy** – (see below – FRC Gear)

- **On-Going Business**

- **B.A.A. Invitational Bibs** – Jack
 - Ron Chapman
 - Ian Quino Fernandez
 - Vernice DiMatteo
- **FRC Elections** – Jack
 - SO FAR, we have one candidate for each open position
 - President – Steve Morris
 - At-Large – Mary Tolland
 - At-Large – Bill Steffancin
 - At-Large - Ellen Mace
 - At-Large – Chris Risko (1-year term)
- **Women's Fitness Update** – Kathy
 - There's a 4-week boxing class going on now at Sweat Studio. Walk & Talk is slated for January 26th and Mary is working on a

Bowling Night at Timber.

- **FRC Annual Meeting** – Kathy and Jack
 - Location – Aquatic Brewing
 - Date – January 21st at 6pm
 - Agenda – Jack will say a few words. There will be raffles and a slide show on Aquatics big TV
 - Food/Drinks, etc. is ordered from Windfall Market. Pizza will be ordered next week

- **Spring Races** – Jack
 - Confirm Dates
 - Seagull Six – March 30
 - CCTR – April 27
 - WRCC5k – May 11
 - SDM – May 18
 - Ron Chapman will be the RD for SDM
 - Need Volunteer coordinator for all races

- **2025 Cape Cod Marathon Update** – Jack
 - Registration opens tomorrow (Jan. 15). SouthCoast Wind will not be the 2025 Title Sponsor. We raised all CCM registration prices by \$5 except the 5k. USATF has not chosen CCM as one of the series races so there will be no USATF prize money given out in 2025.

- **Other Stuff?**
 - New Club gear is in and special order ¼ zips are in and have been shipped to buyers. There are a few extra in each size still available
 - Adria wants to do the couch to 5k but will be in Spain for a few weeks and would like to have a co-coach. We will reach out to a new BOD member to see if they can help.

- Meeting Adjournment at 7:35pm