

**Falmouth Running Club
Monthly Meeting Minutes
December 10, 2024**

- Call to Order at 7:01pm

Attendees: Jack Afarian, Kathy MacDonald, Ron Chapman, Adria Bodell, Tasha Whited, Dori Gray, Diana Clark

- **Acceptance of November Meeting Minutes**

- Motion made to approve November meeting minutes; motion seconded. All in favor. Meeting minutes approved.

- **Member Open Comments (5 minutes)**

N/A

- **Officer Reports**

- **Jack** - membership is at 366. Financials: in 2023 our Net Income was approximately \$31k and in 2024 our Net Income is approximately \$49k. Total money in bank is \$242k. We are a very healthy club.
- **Ron** - see below
- **Chris** – absent (reports were emailed)
- **Kathy** – see below

- **On-Going Business**

- **B.A.A. Invitational Bibs** – All

- 7 people put their name in for Boston bibs. 3 were chosen and will be notified, as well as those that were not.

- **FRC Elections** – All

- President and three - 2yr At Large positions are open and one - 1yr At Large position is open. Someone is interested in President. Webmaster has 2 interested and 3 more members are interested in the At Large positions. 1 position (that was vacated early) can stay open for another year if need be. An email reminder will go out to club stating the nominating phase is open until 1/1/25 (3 weeks prior to Annual Meeting) The Ballot will be emailed to Club Members and is open for 2 weeks prior to the Annual Meeting (voting is also available at Annual Meeting). We can give the Webmaster position now to the only person that was interested, as it is not a Board position.

- **Women's Fitness Update**

- A Boxing class is being offered in January at Sweat Studio.

- **FRC Annual Meeting – All**
 - Location – Aquatic Brewing
 - Date – January 21 at 6pm
 - Agenda – election winners will be announced as well as a ‘year in review’ will be given by the current President. New President will say a few words.
 - Food/Drinks, etc. to be ordered.

- **Spring Races – All**
 - Confirm Dates
 - **Sea Six** 3/30 – Mike Norton taking care of everything
 - **CCTR** 4/27 – no permit needed
 - **WRCC** 5/11 – [permit has been submitted](#)
 - **SDM** 5/18 – permit will be submitted soon by Ron
 - Need RD for SDM – Ron may step up and take on roll if no one else is interested
 - Need Volunteer coordinator for all races
 - Adria is still interested in handling the Couch to 5k program

- **2025 Cape Cod Marathon Update – Jack**
 - Registration and website are being updated. Registration will open on 1/15/25. Race dates will be Oct 11 & 12. Permit has been submitted. Hoodie deposit has been paid. (more hoodies to be ordered in 2025) A maroon color will be chosen because it is Mullen Hall school colors. 2025 runner shirts are being designed. CCM has put a bid in for USATF championship series.
 - Jack & Kathy will be attending Running USA conference in February.

- **Other Stuff?**
 - **Hangover Classic Fun Run on NY day at 8:30am**
 - **FRC special gear store open until 12/13**

- Meeting Adjournment at 7:53pm