

Falmouth Running Club
Monthly Meeting Minutes
August 13, 2024

Call to Order at 7:01pm

Attendees: Jack Afarian, Kathy MacDonald, Ron Chapman, Adria Bodell, Diana Clark, Dori Gray, Tasha Whited, Chris Langlais

Acceptance of June Meeting Minutes

A motion was made to accept June meeting minutes. All in favor. June meeting minutes accepted.

Member Open Comments (5 minutes)

N/A

Officer Reports

Jack – Club is in good shape. Since name change numbers in club doubled, more activities, volunteering, etc. We are a healthy club.

Ron – nothing to report

Chris - July had \$58k come in and \$17k went out for a \$41k profit. Cash balance is current at \$337k. CCM sponsorships still haven't arrived.

Kathy - nothing to report

On-Going Business

- **Cape Cod Marathon Update** – Jack/Kathy/Dori
 - Jack – Almost 1550 in half so far this year, last year at this time we had 1430, full has 988 this year, 870 last year at this time. Other races are minimal at this point. More relays teams this year but fewer Chowdah Challenger runners. 5k has more now than last year at same time, as well as the Kids' race. The Medical director was in to do inventory, 2 ice baths (and 2 portable ice baths) will be at finish line (just in case). A separate tent will be needed for these. There is no parking at Mullen Hall except for vendors, food trucks, emergency, supplies trucks, etc. Extra volunteers will be needed to monitor the parking lot entrances. Pre-race meeting will happen at FPD to finalize all details. Race committee meetings are

scheduled, and info will be sent out after FRR. Surf Dr will be under construction prior to CCM – Jack will meet with DPW to discuss details. DPW will also hang our CCM pole banners on Main St.

- Medal samples are in (and ordered). Stride is making medals for 2024.
 - Dori – 4 trucks – 2 food trucks, 1 ice cream & 1 coffee. Corn hole, face painter/balloon artist.
 - Kathy will touch base with Baystate PT.
 - Dori is working with local businesses to offer deals to go into Digital Event Package. (Currently we have offers from CC Winery & Bad Martha's)
- **Women's Fitness Update – Mary**
 - No updates
 - **Falmouth Road Race Expo Tent Update – Diana**
 - We are in same spot as before. Lots of volunteers are in place. We can set up around 1pm. Diana will send out reminder emails to volunteers.
 - **FRC Elections**
 - According to Bylaws, BOD positions will serve 2 years, some expire in the even years, some odd. President expires this December at end of 2nd term. VP usually fills Presidential vacancy, but VP is new on board this year and travels extensively each month. Task is to try to fill President's position – we need to communicate with Club (will any member step up) – (although there are no time limits) it's time for someone with new ideas. Tasha – we should have a thorough job description. Diana – we should have a back up plan. BOD can send thoughts to Jack to help with process. Maybe 2 co-presidents for a time to transition?
 - **Other Stuff?**
 - Track meet info will come out soon.
 - Tasha – maybe a Halloween event
 - CCM Long training run will be in September
 - Bystander CPR will be in September

Meeting Adjournment at 7:51pm