

**Falmouth Running Club  
Monthly Meeting Agenda  
October 11, 2022**

- Call to Order at 7:10pm
- Attendees: Jack Afarian, Ken Gartner, Chris Langlais, Mary Tolland, Kathy MacDonald
- **Acceptance of Previous Meeting Minutes**  
Motion made to approve August meeting Minutes (no September meeting due to race weekend); motion seconded. Meeting minutes approved.
- **Member Open Comments (5 minutes)**  
N/A
- **Officer Reports**  
**Jack** – not much activity in FRC due to CCM duties  
**Ken** – nothing to report  
**Chris** – \$322K in 2 accts – net profit \$103K for year 2022– last year it was \$140k. Revenue is \$300k – in 2021 it was \$280k  
**Kathy** – nothing new to report
- **On-Going Business**
  - **Cape Cod Marathon Update** – Jack Afarian  
It went well – we had more runners than ever – 4444 registered runners. The budget called for 1700 in the half marathon and we got roughly 500 more than that. Extra \$40-50k in entry fees.  
Police were pretty happy with how the weekend went. We needed to hire certified flaggers due to lack of police help. They were great.  
Good comments from runners about volunteers being enthusiastic.

One volunteer team did not show up for a water stop so a local team of residents gathered with friends, etc. to man the water stop. The original team leader believed they sent at least 6 volunteers.

During the marathon 2 runners complained they were given wrong directions and got lost and did extra miles. We need to change the setup at the Surf Drive/Bike Path location – could be too much going on at that location. We will also add more signage going forward.

Grand Ave intersection near MacDougall's Marine will also need to have better signage

The 5k water stop was overtaken by half marathon runners and 5k'ers didn't have much water. We will have to change that area.

Last year's race we lost roughly 10k. This year we started with \$173k in entry fees from 2021 (paid runners from last year). 400 deferred runners from 2021 did not register for 2022 race. 2019 net profit was \$45k. We did not have big sponsors in 2019 but did in 2022. We did not have big expenses because items like cups, etc. were left over after cancelled race. Net should be over \$100k. No numbers from Nauset Disposal yet.

Talks with police re: changing starts/finish lines for Marathon and the other races. Should they be in same location? And where? Courses will need to be remeasured. Is Mullen Hall School an option for both days.? Lots of space, parking. Frees up parking downtown, could have the expo there, helps businesses with customer availability. Preliminary MapMyRun route was done. Course will have to be updated soon because of the upcoming construction of the bridge at Menauhant Beach. New courses will be made. Next police/fire meeting is mid-November so courses can be approved before race application is submitted.

#### o **Youth Running Update – Ken**

Caleb ran 5k in Wrentham in 15:22. Ken's kids are too old and now there's no competitive Youth program at this point. We will need someone to pick up the program or fffffttt. The program has

been dying out. Other sports tend to gather more kids than track/xc. Ken's done a tremendous job over the years - it will be some tough shoes to fill.

- **Women's Fitness Update - Mary**

Very quiet lately. Will start to pick up now that Marathon weekend is over. Mary needs to be available. A boxing night is to be organized at Sweat Studio. Maybe organize a bowling night. Needs to get going on Mother's Day 5k (permits, timing, etc.). Hoping for more runners in 2023 (but within 500 cap). Maybe work on a couch to 5k program.

- **FRC BOD Positions Ending**

- President – Jack Afarian
- Secretary – Kathy MacDonald
- At-Large 1 – Matt Auger
- At-Large 2 – Julianna Coughlin
- What is the process to vote for replacements?

Jack to talk to BOD that are expiring as to what their plans are. Jack will re-up for 2 years if necessary.

Ken – steps: 1) see who wants to come back 2) come up with names of prospects (search committee) 3) send email to members re: interest. 4) BOD to come up with names of prospects

- **Other Stuff?**

- Meeting Adjournment at 8:05pm