

**Falmouth Running Club
Monthly Meeting Agenda
May 10, 2022**

Called to Order at 7:00pm.

Attendees: Jack Afarian, Mary Tolland, Steve Morris, Steve Rondeau, Matt Auger, Chris Langlais, Ken Gartner

Acceptance of Previous Meeting Minutes

- Motion made to approve April meeting Minutes; motion seconded.
Meeting minutes approved.

Member Open Comments (5 minutes)

N/A

Officer Reports

Jack – Club is in a good position. 3 spring races and lots of enthusiasm & volunteerism.

Ken – Friday runs are good

Chris – In good shape \$200k+ in total for 2 accts

Kathy – nothing to report

On-Going Business

Cape Cod Trail Race Update – Matt Auger

74 registered – 61 ran – low numbers may have been due to less advertisement/effort this time around, but everyone loved it. Distance numbers were split evenly. Runners were happy about the hat gift. Lost money due to volunteer aids, port o potties and donations. Chris Risko and Mike Falcone were excellent at helping and marking course, running & walking course to make sure all was ok. Up for discussion is do we do another in August (27th?) – same distances of 10k, 20k. Will keep it minimal but maybe add shell medals, no volunteer group needed this time around (just need members from the Club – possible 10 total) Would like to have an emergency type vehicle available. Will have a better advertising campaign and will bring the number up to 250 runners. To still offer food and

port a potties & maybe a tent. Future discussion is to offer 50k relay for Spring 2023 (longer races require a lot of time) BOD may have to approve new race. Still in discussion stage – need approvals. No problem with bikers.

WRCC 5K Update – Mary Tolland

176 registered runners – 18 participants under 18 years old and 158 over 18 years of age. There were 28 no shows. Many loved running with their mothers and/or daughters, lots of great comments post-race. \$4k plus was earned (to date on Race Roster). Mary will make donations to GOTR & FHS girl's track. Wrap up meeting to be held next week. No awards or categories this year – maybe next year. In the future we'll publicize more in our community. Looking forward to next year. Announcer and timer did great job. Mary met with duty police officer to set course/race straight. Officer showed up in his own car, but we needed lead vehicle – things worked out. Lead vehicle did great job even at turn around spot. Mary offered runners great enthusiasm. The only male that registered did not show up. Prior to WRCC5k FRC reached out to other 'female' only races and got advice on what to do if a male signs up. Males can register but receive no recognition or prizes/etc. Matt: can ZOOMA (another local women only race) reach out to FRC – Matt to advise later

Surf Drive Mile Update – Jack Afarian

Last race this spring to be held May 22nd. So far there are 103 registered runners. Medals (similar to CCM kid's race) were donated by Ashworth. 150 T-shirts were donated by USA Racing. Bib pick up to be at office on Saturday May 21 and pre-race on Sunday morning. There will also be day of registrations. Lindsay Mahoney (Race Director) is MIA? We need lots of volunteers – to be position at side streets to Surf Drive and at start and finish areas. Runners to be coned on side of road closest to beach. Awards for top 3 male/female. No age group awards. Baystate Timing is doing the timing. Course is not a certified course as yet. Race starts at 9am.

Cape Cod Marathon Update – Jack Afarian

Registration is going well. The half has 1040, the full has 820 (lots of deferrals from last year), 87 are registered for the 5k, The Chowdah Challenge has 70, the Relay has 43 teams, and the kids' race has 23. Placards are made and will be distributed. Jack will bring to Boiler Maker expo. The Yates will distribute. Medals & shirts are on order.

Youth Running – Ken

Nothing new to report

Global Running Day - Kathy –

Wednesday, June 1 FRC will host a 5k fun run using Aquatic Brew Sunday course. Start time is 5:30pm and there will be pizza after. To send out info to the Club and Mary will help.

Aquatic Brewing Pizza – Jack

They know that it will end at end of May. FRC to reconsider in Fall 2022

Summer Track Meets

Anne Preisig trying to get track/field combo events on Wednesday eves (at 5:30pm) for 9 weeks beginning 6/22. All ages with alternated events/distances each week. Hopes FRC will collaborate with mostly volunteers (FRC will not sponsor). To be held at FHS.

New Business

High School Scholarships

3 applications: 1 was from Wisconsin and has no connection to FRC. BOD voted no to scholarship. The 2nd (Milo) is captain of XC & Track at FHS and is a great student at FHS. BOD approved to offer Milo a \$1000 scholarship. Last applicant (Sam) is not a runner but did volunteer at some FRR events (not our events but this is not a requirement), is involved in other programs and a good student. BOD voted no to offering

a scholarship. There are not a lot of senior runners at FHS currently.

CCM Race Director Contract

Contract ends in 2022 after Oct 1,2 race weekend. Looking to seek new 3-year contract. This is a paid position – should this position be opened to club? But this is a re-hire position so FRC BOD will keep contract the same for Jack for the next 3-year period. Jack has improved his skills over the pandemic and has great leadership. He has turned the Club for the better and has done a great job acting as Race Director. Club should start seeking new leaders for future in all positions. There's great leadership in the club and throughout races. Motion was made to renew contract for next 3 years – all were in favor, approved.

Other Stuff - ?

Summer Camp

Preisig's are doing the summer running camp beginning in August 2023 for 3 weeks at FHS. They're looking for Assistant Coaches. She (Jill) will put together agenda for club with the outline. FRC does not gain monetarily from Summer Camp. Jack to get details on program.

Meeting Adjourned at 8:39pm.