

Falmouth Running Club
November Meeting Minutes - ZOOM
November 9, 2021

Called to Order at 7:01pm

Attendees: Jack Afarian, Chris Langlais, Julianna Coughlin, Kathy MacDonald, Leslie DiAngelis, Steve Morris, Matt Auger, Jill Polvinen, Wendy Lathrop

- **Acceptance of Previous Meeting Minutes**

Motion made to approve September meeting Minutes; motion seconded. Meeting minutes approved. *Note: there was no October 2021 regular BOD meeting*

- Member Open Comments (5 minutes) – N/A

- **Officer Reports Jack, Ken, Chris, Kathy**

Jack – lots to talk about re: marathon – see below. FRC membership is now up to 254 members

Ken -

Chris – YTD income is at \$173k – this will decrease with CCM expenses – only liability is PPP loan that is to be forgiven in few months

Kathy – nothing new to report

- **On-Going Business**

- **CCM Update** – Jack & Leslie are busy with the process of the cancelation of races – the 2021 Race will not be rescheduled. The next race is to be planned for October 2022. Runners were offered 3 options. 1) deferral, 2) virtual or 3) donate cost to FRC. **Leslie** – 1000+ chose virtual, 2000 chose to defer, and 187 chose to donate their entry fee to FRC. If runners do not make a choice they will be ‘defaulted’ to the Virtual option (approx. 500 runners). Deferrals will take their entry into next year’s race. This income will be removed from the 2021 budget and added to the 2022. Virtual swag is being shipped now for 5k and the Clam Chowdah races. Merchandiser is providing the shipping labels. There have been many emails with questions, shout outs, and complaints. There have been questions regarding refunds but there are no refunds. There have been questions regarding: does virtual marathon count as BQ? The answer is “no” as per BAA rules. There were runners from 43 states that had signed up. Post storm, Jack spoke with police, fire and utilities and was informed that there was no way to clear roads in a timely manner to have safe race. All race food/water was offered to the community at Gus Cauty Center. Many

people were so happy to have hot food. This was good for the community especially when it needed it. Budget and swag to be finalized soon. Our 2 main Sponsors, Mayflower Wind and Martha's Vineyard Bank (hydration sponsor) will be back in 2022. The MV Bank Director helped serve soup to the community, as well as associates from MF Wind. The 2 Sponsors did have runners in various races.

Should Date of 2022 Race to be changed to early October?

Reasons for change:

CCM Pole Bands (advertisement) are causing a problem with the foot traffic downtown, as well as with the Halloween décor. Changing race date would alleviate this problem.

Does anyone have comments, recommendations re: new dates?

Chris – it is further enough away from NYC Marathon so it shouldn't cause a problem. **Julianna** – would like a better race date weather-wise. **Matt** – do any local half marathons interfere? **Steve** – thinks it's a good move to change dates to earlier in October. **Jack** – wind speed is better for runners at start of October because it is a coastal race. Recent changes/updates to CCM have been supplemental to the Club (addition of 5k, changing course & eliminating relay bus transfers). **Chris** – why was race originally scheduled for end of October? **Jack** – the later date was hopefully going to add an economical boost toward the town during the cool weather – especially as things 'close down' post summer season. **Matt** - Weather 'emergencies' should be taken into consideration as well as any road construction plans.

- o **WRCC5K Update** - was approved by select board! May 8, 2022, which is Mother's Day and it will be annual event. Mary & Hannah to work on promoting & sign ups. Run Sign Up does great job with registrations, etc.
- o **Seagull 6, Main Street Mile, CC Trail Races - Discussion**
 - **Seagull 6**, - Mike Norton is set to be race director with the date being March 27th, 2022. We need a timer – Stephen Infascelli (Marathon Sports) was asked. He has not responded yet. Thirsty Irish Runners does a Grand Prix. Hopefully they come. We need to push 'our' racers to either run or volunteer
 - **CC Trail Races** – Still a work in progress. To be planned for April 2022.

- **Main Street Mile** – Jack wants to continue this hometown race. Should it be done on Surf Dr.? We do need a race director. **Matt** – Should it be in fall going forward? What's an alternative? Spring would be best? Possibly May 21st? or 22nd? Preferably before Memorial Day. **Matt** – Maybe get a committee together to put race on. Let's revive and rebrand. Surf Drive Mile? Trunk River to Bath House. Matt will take this project off Jack's hands.
 - **Track Workouts – All** – seems to be lacking at moment. Maybe move this to the Spring? **Chris** – track workouts are summer friendly. Maybe focus on one event. **Leslie** – has received 2 calls re: the track work outs. BOD agrees to put on hold for now while we focus on the Friday Night Five. Should we add a morning run to the mix? Mary previously proposed a Sunday morning fun run from the Office after Aquatic brew runs are over. **Matt** – runs from person homes are more vulnerable insurance-wise. Does a liability waiver stand up? **Leslie** – FRC has liability insurance. **Matt** – if something happens is BOD is liable? We are more protected with liability insurance if runs are done out of Office than from private homes. If private runs were to restart it could be a problem. Office runs are a better option. Mary proposed office fun run on 12/19/21 - Julianne mentioned Aquatic brew runs will continue into winter. Should we band together? Offer food from the Office & brews from Aquatic? Aquatic runs may be too late for some on a Sunday (they begin at 11:30am) Should we continue to be a part of the pub runs? We do need a younger population and they like the late start. How to attract both types of runners at FRC Office and Aquatic Brew? Jack to talk to Aquatic about going forward. Volunteers will be needed at office to man each run.
 - **New FRC Merchandise Update – Julianna**
 - **Women's Fitness Update - Mary**
- **New Business**
 - **FRC Annual Meeting** – Scheduled for January 2022 – BOD terms are coming up. Jack to meet with Matt offline to discuss. Communications need to go to membership re: club updates.

Meeting Adjourned at 8:20pm