

**FALMOUTH RUNNING CLUB  
AUGUST MEETING MINUTES – ZOOM  
AUGUST 10, 2021**

Called to Order at 7:01pm

**Attendees:** Jack Afarian, Mary Tolland, Steve Rondeau, Chris Langlais, Julianna Coughlin, Kathy MacDonald, Leslie DiAngelis, Steve Morris, Jill Polvinen, Matt Auger, Ken Gartner, Hannah Mark

- **Acceptance of Previous Meeting Minutes**

- Motion made to approve July meeting Minutes, motion seconded. Meeting minutes approved.

- **Member Open Comments (5 minutes)**

- **Officer Reports Jack, Ken, Chris, Kathy**

**Jack**

**Ken**

**Chris** - In a good place – not much has changed.

**Leslie** – PPP forgiveness 2<sup>nd</sup> round is still open – nothing has begun yet. Only 40% of the 1<sup>st</sup> round has been processed.

Leslie sent accountants info to Chris. Chris will take care of it

**Kathy** – all good here (event calendar -below) Jack asked re: Xbox for Tommy's Place – Tommy's Place did receive.

- **On-Going Business**

**FRC Race Timing – All**

Email went out to full Club but nobody stepped up to take on timing position. Matt Auger motion that FRC race timing should be closed. Motion seconded. No more timing by the Club.

**Youth Running**

- **Scholarships**

- Checks were given to Caleb and Brandon. Photos were taken and hopefully it will be in The Enterprise. Great kids = each got \$1000

- **Funding**

- Jack suggested specific budgets for Youth Running. We receive donations and money is spent for kid's needs. We have no specific budget.

- Women's 5k is now in the process of looking for funds and Mary will create a budget. Fall donations need to be earmarked for the 5k race in May of next year. All events should be managed the same. Chris – different events should have different line items in the budget. Leslie – any event/program monies can be specific for each event and each year. Youth Running is different because it's not specific to a certain event. Jack – re: donations/grants monies – should they apply to specific events for a certain year? Leslie – all monies will be monitored but there will not be accounts set up for separate events. 5k race is still not approved by town. Town usually won't approve until January, but we need to know now to get moving on it. Matt – actual events like the Women's 5k are different from Youth Running. (ex: 5k is a certain event on a certain day whereas Youth Running is a need at any given time) Should club have a separate account for Youth Running? Ken – years ago it was all in check. Jack – has there ever been issue with getting funding? Ken says "No". Should there be a line item in budget for YR and Club can fund anything extra? Leslie can track monies and expenses. Should gear be included in these expenses? What has worked in past can continue. Ken will continue to control and make fiscally responsible decisions for Youth Running.

### **Events Calendar for FRC Website**

Kathy – calendar will be events like Friday Night runs, Women's program events, club activities, BOD meetings,

etc. We can also add the events that FRC holds like the Seagull Six. There could be a separate tab on FRC website home screen for the events calendar or it can be added to a drop down that already exists. FRC should have emails associated with adding events. Who should be allowed to add to calendar?? Should only 1 person be in 'charge'. Also, members can download the FRC calendar directly to their calendars if they want. We could have it password protected or keep it public. Certain events can be 'protected' from the public by adding only certain info and listing a contact to reach out to for further information. Kathy to take on calendar. Potential members and locals could look at our website to see what we offer for all.

### **BOD Email Addresses**

Jack - should BOD have separate email address? Leslie can help set it up. Gmail needs phone recovery. Leslie can tell us how to set up & help with password. Will work same way for 'At Large' BOD. Passwords can change down the line for new BOD members. 'At Large' emails would be more difficult to pinpoint since there are a few "At Large" members. FRC BOD emails should be listed on website. When email is set up you can set a personalized greeting so you would know who it is. Contact Leslie to [info@falmouthrunningclub.org](mailto:info@falmouthrunningclub.org) email to set up and let Jack know once its confirmed.

### **Track Workouts - All**

Wednesday nights with Ken are 'track' workouts but sometimes they're on roads/trails. FRC could set up just a 'track' workout separate from Ken's workouts. We need someone to head. Will Club need permission from Falmouth HS to use track? We will need lights when weather changes? How does Club get access to track & lights? Club has obligation to offer events to members. Waivers/liability are an issue. Ken will get in touch with

school re: permission and steps to get this going. Mary wants to get Women's Fitness involved in track work outs - can she email interested parties when track work outs are up and running?

### **New FRC Merchandise Update – Julianna**

Need to start planning for cold weather gear asap. Different materials for winter gear will take longer to get. Summer gear is a hit. Julianna & Lindsey will work on winter gear. Not too many members ordered from the summer line. Merchandise will be available at office, but clothing will be limited. Should we have a few sizes of all to sell? Is it financially good for the Club? If gear is sold at office someone needs to take care of being there to sell it. Mary is willing to oversee. Matt is willing to help. Office will have clothing & other items on display. Leslie can sell items when she is at office. Club needs some new designs to keep things fresh, but we still need a club 'brand'. Keep best sellers and update some items annually.

### **Women's Fitness Update - Mary**

Summer events are slow. August events to go out to membership soon. Events could include a 'Couch to 5k' – maybe train for Liam's or the CCM 5k – should we get shirts? Mary to resubmit Women's 5k application for May to the Town. She will also resubmit grant application to Cape Cod 5. Hoping for Mother's Day 2022 5k race.

### **FRC Office move update – Jack**

Hopefully within 2 weeks

### **FRC Banners - Jack**

Jack to give banners to Steve R. for FRR weekend so he can hang from his house.

### **CCM Update – Jack**

Registrations are good but slowing down a bit. Numbers should be right around what we had in 2019. Mayflower Wind is the Title Sponsor for the weekend. Martha's Vineyard Bank will get more involved with CCM. They will be the official hydration sponsor – grant of \$5k approved. Shirts have been ordered from USA Racing.

**Beach and Back Race - All**

No luck in getting a response on getting the Club a discount

- **New Business**

**Seagull 6, Main Street Mile, CC Trail Races - Discussion**

This will move to top of next month's agenda

Meeting Adjournment at 8:11 pm