

Falmouth Running Club
Monthly ZOOM Meeting Agenda
April 13, 2021

Call to Order at: 7:03pm

Attendees: Jack, Kathy, Leslie, Jill P, Julianna, Matt A., Lindsay, Wendy, Steve R., Chris., Stephen M., James P, Ken, Courtney, Ashley D

Acceptance of Previous Meeting Minutes

Motion made to approve March meeting's minutes, motion seconded. Meeting minutes approved.

Member Open Comments (5 minutes)

n/a

Officer Reports Jack, Ken, Chris, Kathy

Jack – Things are good with the Club, activities have started (see below), lots of enthusiasm, the Club is in a good situation.

Ken –

Chris – Financials for March are comfortable, working on the update of the name change – Chris to sign and Matt to sign bank info – does Jack have to go in to remove Matt's name? Does President of Club need to be signer on the account? It can be a conflict of interest on checks written to Jack – Jack will not sign – talks will continue offline. Matt is not an officer any longer – believes to be corrected on bank account but debit card is in Matt's name – this needs to get changed

Kathy – Signed change of name on bank account. Also, would like to know how to add minutes to website

On-Going Business

Club Name Change Update – Jack – The Bylaws were sent out to BOD for review – areas were highlighted with name change & was last amended in January 2019 - amended date to be April 2021. Motion to accept amended Bylaws by BOD – Amended Bylaws will be on Club website – legal paperwork is back, stamped & approved.

Merchandise with the new Club name is in the works with Lindsay's & Julianna's help. They met with Jack on the matter – USA Racing will do the merchandise. Team is working on the design, material, and items for new merchandise. No new updates since Sunday.

5 X 5K Challenge Update – Kathy

- Kicks off April 26 thru May 30th. Each participant to run a 5k each week for 5 weeks on their own course & own time. All participants that submit

results in timely manner will be in a raffle at end of event. \$15 fee gets participants a new FRC long-sleeved tech t shirt.

- 110 (Monday eve) Participants
- We sent invite to all past FRC members
- Proceeds to benefit Tommy's Place. Reached out via email – no response as of yet. There is a separate 'donate' button on sign up site just for donations - \$380
- Reached out to Lindsay re: social media promo – great social posts

CCM Update – Jack

Not sure when we will hear anything from Town Hall – Town cannot approve as of yet. Waiting for COVID updates from state. Not sure when we'll hear regarding the approval – registration is open. Confident race will happen. We need to plan now for registration (although event may not be live). Is it right to allow registration? – yes! It's been open since 3/23 and so far there are 760 participants (all races) but some are deferrals from last year. We are way ahead of schedule comparing the 2019 race (last real race) where there were >200 registrants at this time. Financial speculations earlier in the year to break even are looking better than predicted.

Courtney – Liam's is in same boat – plans are to open registration & accept entries but race could be a go or not – if race is not allowed then refunds will go out .

(Matt - says it's State decision not a Town decision)

Jack – State could allow races but Towns could still say no. Boston is not a 'guarantee' from State at this point. On a side note - NH has been racing all along. Courtney asked 'Does Jack approve if all protocols are met'?"

Office Move Update – Jack

Jill P will volunteer to work on layout of the open space which will display merchandise, historical info, and will have tables & chairs, etc.

Jack had a meeting with Longfellow regarding the flooring. To be done on Friday? What date can we move in? Comcast/phones/truck rentals for move still need to be solidified soon. Hopefully we can move in by end of April.

Women's Fitness Update – Mary

First Walk & talk – completed

First Meet & greet – completed at Gus Canty

2nd Walk & Talk to be held April 18th

WI is planning a Nutrition seminar but unsure when and it may end up being a Zoom meeting

Other plans could be outdoor mediation, fun runs from the new office

Track workouts are still unsure

Youth Running Update – Ken

Not much going on because of COVID. Not many youth races. Some runners will go to Providence - runner numbers are low at this time of year due to other sports.

College runners – UMass runner (name?) is a top runner, Colby – Merrimack college – was a mid-pack as a freshman but was top runner on his college team. Ken's son (Caleb) got into Columbia.! Hopefully more races open up.

Jack – had an idea of outfitting youth runners? Youth sizes?

Membership Update – Julianna

132 members. We have donations of \$302.40 through the website process – no issues with sign-ups. Should there be an option to sign up (join) and to buy merchandise at the same time? Julianna will research. 132 on the new RunSignUp platform and there are still others on old website platform. Can Julianna separate & send out email regarding how to sign up on new website? – Leslie will help with that.

Virtual Seagull Six Update – Ken

Will let go for now - 2021

History Preservation Update – Jack

Historian attending tonight's meeting. Russ P. will write a bi-monthly article regarding the past 40 years of the Club's history. The first article will come out sometime in June. It will be on FB & on the website. Courtney will give a history of the track club (abridged version). He would like help moving the archives from his home to the new office

Matt/Courtney – to talk to the Carrolls, the Shermans, ??

Membership Form Questions – Julianna

Nothing has been done yet. Do we ask questions regarding “where are you living, etc.?”

Ken – could be good to ask questions regarding member's goals, etc. – He thinks knowing a runner's interests are good idea.

FRC Website – Jack

Julie W. is not interested in remaining the webmaster

We need someone

New Business

BAA Bib Number Application – Jack

Jack sent a letter of intent to the BAA to justify bib # for marathon - no word as yet

USATF Insurance

Should we have or not? It is renewed by Directors & Officers. Does it cover BOD.

Does/should FRC pay the fee for BOD? - Jack will find out from more from Steve

USATF Membership for BOD Members

FRC Grant Program Revival

On pause at the moment – should we reinstate in 2022?

Future of Seagull Six, CC Trail Races, Main Street Mile

What do we do with these races? Seagull Six is in March, Main Street Mile is in September

Jack would like to keep these two races – the trail race is more complicated – BOD will need race directors for the trail race. To discuss at next meeting.

Participants in the trail race for 2021 will have the option of refund or to defer?

Jack will send email. 45 runners deferred to 2021 but there will not be a race this year. 62 people from 2020 race had no response. Jack recommends

refunding the 45 deferrals. Motion to refund deferrals? Or should we send email asking participants if they want a refund or make their refund a donation to FRC? We need to take care of this.

There were no emails requesting refunds - \$1940 for deferrals - do we reach out or wait? We should send email asking deferred participants if they want a refund or ask them to donate the refund to FRC for youth activities. Jack & Leslie will work on sending email. Refunds will be issued via check.

FRC Race Timing

Continue or drop? To discuss next month

Scholarship applications will be added to next month's meeting's agenda? Was already ok'd - who takes care of?? Ken

Welcome Ashley!

Meeting Adjourned at 8:03pm