

Falmouth Track Club  
Annual Meeting  
January 7, 2020  
Bucatino Restaurant, North Falmouth, MA

7:00 - 8:05 PM

President, Matt Auger, welcomes FTC members and the present BOD officers (Jan 2019 - Dec 2019 cycle): Glenn Pokraka, and Austen Thygesen Mary Tolland, Lindsay Benson, Ken Gartner, Jack Afarian and approximately 25 club members.

#### 2019 Overview

##### CCM

Was a huge success - highlight of the year.

Brand new course, weathered a storm and no major complaints.

##### Main Street Mile

Creig has been doing great with the event for the past two years

##### CCTR

Transitioning from what the event was

Managing with course issues such as moved signs, vandalized barriers, bottle necked areas.

##### Seagull Six

Mike Norton has been organizing the race for the last 18 years and will continue his involvement

FTC will be supporting the race on the administrating side

#### 2020 Election & Goals

Need for new members, new blood. Matt Auger thanked the new BOD and at-large members for coming forward because the FTC needs new experiences, faces and ideas.

##### Mary Tolland

A big part in getting the women's support program up and running. Something that the FTC is committed to working on.

#### Officer Reports

##### President

Goal at BOD meetings is to get things done and not waste time - time is valuable.

## Financials

2019 FTC Financials provided to all who were present.

**2019 FTC income +/- \$15,000** (\$900 payroll outstanding payments as of 01-07-2020)

### Donation

FTC wants to make donations in a different way - move away from giving money to different groups. Favoring the support of running programs such as: VIPs Track Meet, shoes and other initiatives.

Interest increase for FTC savings: +\$2,000 now vs approx. \$100 in the past

We need to spend some of that money whether it be by providing a part-time or full-time coach - debate on who the coach should be.

## FTC News

### Boston Marathon waivers

Earlier this year, the BAA asked the FTC to provide:

- Number of FTC volunteers at the Boston Marathon
- Number of FTC BQs

Result: FTC was granted THREE (3) Boston Marathon waivers; however the hard deadline to provide names of waiver recipients is **Tuesday, January 28th** and they expire **Friday, February 14th**.

In the past, FTC got ten (10) waivers.

**FTC member asked about the FTC volunteer possibility** - it was informed that the BAA reject up to 12,000 volunteers a year. The BAA need background information on the FTC.

### At-large member not listed on ballot

This member was not added to the ballot because they did not provide a brief description of who they were. The explanation was given to this member and both parties agreed on the decision.

### 2020 Vote

No contested positions.

President entertained to accept the votes, motion was made, seconded and passed.

Vice President- Creighton Muscato- 2020-2021

Treasurer- Chris Langlais- 2020-2021

At-Large- Mary Tolland- 2020-2021

At-Large- Ken Gartner- 2020-2021

At-Large- Steve Morris- 2020-2021

Matt Auger extended his thanks to Leslie DiAngelis' devotion and commitment to the FTC -

#### CCM Report

New England Runner magazine placed an advertisement of the CCM on their first page and featured an article with photos on pp24-26

2019 - Great year

More runners, more revenue, more donations

Amazing race committee (30+) - most will be returning in 2020

Leslie DiAngelis - Race Administrator for the last 13 years and is the best

Special thanks to Matt Auger for providing help, his experience, being a sounding board, bouncing questions back and getting out of the way.

600+ volunteers - friendly, accommodating

Later runners expressed their appreciation for the volunteers that stayed for them despite the weather conditions.

Ten (10) days before the CCM weekend

Bike path wiped out - DPW put a bandaid on the course overting the USATF certification issue (saving the potential BQs and OQs)

#### Runner Review

Race Raves

2019 CCM best Marathon in MA

2020 CCM best Half Marathon in MA

As voted by runners

USATF Official Marathon for 2019. Unfortunately, CCM will not repeat it in 2020. Vermont Marathon won the title.

#### Areas to improve

Start Times for Full and Half are at **8:00 AM** to avoid runner confusion (run by and accepted by FPD)

Julie Waite and Leslie DiAngelis are working on revamping the CCM website

Ryan Switzer will make three (3) drone videos: CCM, CCM ½, CCM Weekend

Wheelchair - working on introducing a push-rim division

Cape Cod Invitational cup - hope to incentivise the relay

Modify prize money - favouring/supporting local (USATF NE) runners

More Main St banners. Making them more festive and professional (popular among runners)

Fix Port-a-potty line issues

Creating an economic report of the weekend in partnership with UMass Dartmouth

FTC members get 50% discount

Race Committee and BOD members (eligible for free entry)

Eco-friendly initiative - more expensive

Hoodie and runner t-shirts (post-consumer material, recycled plastic bottles) / 4,000 running shirts and 600 hoodies - will need sponsor support.

Race Committee openings:

Jen McKay training for # pickup, two (2) positions for that role (CCM and CCM ½)

Marathon Finish Line Director (medals, heatsheets, water bottles...)

Transportation Director (getting trucks and vans ready for weekend)

Five-Six other position openings

Kenny Gartner - Youth Program

Providing the FTC with an invaluable asset (one of FTC's main supported programs)

The program has received \$5,000 from the NBFRR

Consists of kids from many different schools, it's a small group, there is no charge and is in its sixth year

Seeing kids from Middle school to college

Participating in USATF XC, Nationals in Wisconsin, Footlocker, Nike

Regionals, North East Regional and Indoor meets in Boston - performing very well in all.

At the beginning, the experience was overwhelming. Now, the kids are the ones being talked about

FA XC and FTC Youth collaboration working pretty well

College coaches are talking to the HS seniors

Bobby Carew - UMass + scholarships

Ella Martin (FA) was the beginning of the process

Prep school coaches are contacting the Middle School kids - learning the recruitment part with the kids.

FHS is at its lowest point in athletics right now.

President's Goals for 2020 (last year as President)

Women's Running Program - we'll need more help

FTC merchandise - redesign and partnerships with CCM merchandise company

Succession planning - club needs something more than someone taking over

BOD - come up with a 2020 goal at **January, 28th BOD Meeting**

FTC member suggested introducing a president-elect position. That person would have x-months to prepare for the role and train. Treasurer will have Glenn Pokraka (2019 Treasurer) available to advise. President, Matt Auger thanked Creighton and Christopher for taking on their new respective roles.

Meeting adjourned at 8:05 PM