

Falmouth Track Club
May Board Meeting
FTC Office, Falmouth, MA

Present: Jack Afarian, Matt Auger, Glenn Pokraka, Paul DiAngelis, Lindsay Benson,
Mary Tolland, Austen Thygesen, Kenny Gartner, Wendy Lathrop, Courtney Bird

7:02 PM - 8:20 PM

Agenda was handed to BOD. No Public Discussion held. Edits to the 4-2-19 BOD meeting minutes made and accepted. Following the edits, it was agreed that the Seagull Six needs a new Director and that a discussion will be needed regarding scholarship application criteria.

Finances

FTC Finances were handed out by the Treasurer and then reviewed. No questions or concerns were raised by the BOD. The FTC finances were accepted.

CCTR19

This year's Cape Cod Trail Race took place on Sunday, April 7, 2019 at 8:00am at the Frances A. Crane Wildlife Management Area in West Falmouth, MA 02536. Despite course vandalism, the general runner feedback was positive.

the Long Trail Race, saw 220 registrants and 167 finishers. The Longer Trail Race saw 192 registrants and 156 finishers, and the Wicked Long Trail Race saw 89 registrants and 68 finishers.

All participants received a medal.

Mass Maritime medical cadets were amazing.

Mission Statement

The BOD debated whether the exact verbiage should be open to the membership. There was discussion over the need to mention the word "volunteering" within the statement as it could be a way to get people to help at our events.

A mission statement should clearly state the goal of the club.

The BOD was provided with three mission statements to start with and agreed that the shorter the mission statement, the better.

Sentence #2 of mission statement example #1: "The Falmouth Track Club supports running in Falmouth with an offering of events that are accessible to runners of all abilities and ages, monthly meetings and the **sharing of advice and experience.**" The

element in bold was particularly liked as it demonstrates a forward trajectory for the club.

To broaden the scope of the FTC, it was suggested that “the FTC supports running in the **Falmouth Area**” as opposed to just Falmouth. Additionally, it was agreed that the word “activities” is better than “programs.” Therefore, the first sentence of the FTC Mission Statement will go along the lines of: “The Falmouth Track Club is committed to promoting and supporting running related activities with an offering of events that are accessible to runners of all abilities and ages, monthly meetings and the sharing of advice and experience.”

A refined version of the mission statement will be sent out to the membership for feedback. The BOD will then decide on the wording of the FTC’s official mission statement.

FTC’s Office Space

A committee was put together regarding the future location of the FTC. This committee will be responsible for assessing the needs of the FTC and thus, meeting such needs. The committee will be comprised of the following individuals: **Jack Afarian, Jack Carroll, Paul DiAngelis** and **Matt Auger**.

CCM

In 2018, 1,798 people registered for the CCHM and 1,200 turned up (the maximum road capacity for the CCHM is 1,700, but a 10% attrition is expected). As of Tuesday, May 7th, the CCHM was behind by 24 registrants compared to last year. A reason for this lull in registration could be attributed to runners being “halfed-out.” Races (Half-Marathons) across the country are facing significant losses in applicants.

Wednesday Training

There has been a shift in ideas regarding the hiring of a coach for all. The BOD is considering the idea of having a female coach as well as a male coach. The BOD believes that having a selection of training programs could meet the different needs of its members. Additionally, this initiative could attract more women to the club as race demographics currently show a significant 60/40 split between women and men.