

## Falmouth Track Club

### Board of Directors Meeting November 17, 2016

**The Board of Directors Meeting of the Falmouth Track Club was held at the Falmouth Track Club Office on November 17, 2016. Present were Helen Kennedy, Jack Carroll, Courtney Bird, Carl Gustafson, Julie Waite, Jennifer McKay, Paul DiAngelis, Ken Gartner, Brian Bourque, Jim Preisig, Steve Morris, Kevin and Gloria Leach**

**President-** Kevin Leach –The meeting was brought to order at 7:03 pm. We will have a discussion on the Beer Garden later on in the meeting. Dr. Bob Mulchay would like to do a presentation/demonstration about wellness and healthy life styles. Please email Kevin with any interest and we can set up a time to do this if there is an interest.

Good turnout at CCM weekend with all volunteers, especially at the FTC booth at the Expo.

Congratulations to Kenny on his team coming in first in the FTC Relay on CCM weekend. Caleb was on this team.

Boston Marathon Waivers-we have 4 and criteria has to be set up on deciding who is eligible to receive a waiver. Up to date on dues, volunteering, gotten one in the past, training commitment, etc.

**Vice President** – Jack Carroll – No report given.

**Secretary's Report**-Gloria Leach- Minutes from the September 13<sup>th</sup>, October 13<sup>th</sup>, and October 25<sup>th</sup> meetings were accepted and approved.

**Treasure's Report**-Courtney Bird filling in- Looking for a replacement

**Membership Report**-Jill Polvinen-6 new members signed up during CCM weekend

**2017 Grants and Applications**-Julie Waite-The deadline for this is February 1. We will wait on accepting applications; advertise after the December meeting to see what we have for money from CCM to give away.

**FTC Newsletter**-Carl Gustafson-the cost of any appropriate ad and photo going into the newsletter is \$75

**Cape Cod Trail Race**-Carl Gustafson-Hanlon's sponsorship is up, adding a 5K. A pair of running shoes will be given to the first Cape Cod resident in each race, male and female, in addition to overall winners for each race, male and female. Dinner of Champions key speaker will be Bill Richard, who lost his young son at the bombing at the Boston Marathon. The key to this speech will be survivorship. Also looking for a Red Sox team player from the 2013 team to speak. The race is 1/3 full.

**FTC Adventures**-Carl Gustafson-Julie's run on Sunday will be the last of the FTC Adventures this year. Marine Corp Marathon- asking for a block of entries at this race.

**Wednesday Night Track Workouts**-Carl Gustafson-Going well

**CCM Weekend**-Helen Kennedy-

**Half Marathon**-Three records were broken. Largest field ever with 1307 finishers, with 1585 registered. Men's course record was broken by Antonio Wilson with a time of 1:08:07. Women's course record was broken by Kaitlin Goodman with a time of 1:16:15.

Saturday night dinner at the Seacrest Beach Hotel was sold out at 150. Guest speaker Carol Dellinger, Warrior Marathon runner who completed her 299<sup>th</sup> marathon on Sunday was terrific.

### **Marathon and Relay**

545 finishers in the Marathon. 628 registered

Relay team finishers 155. 170 registered teams

Men's winner was Bryan Morseman in 2:30:01 He was also the Chowdah Challenge winner. Bryan was second in the Half Marathon in a time of 1:09:38

Women's winner was Amy Steffen in 3:09:41. Amy also won the Marathon in 2014 and came in second in 2015.

Wheelchair athlete Gary Brendell shattered the course record in 1:59:38 and qualified for Boston Marathon which was his goal.

In team competition, Falmouth Track Club won the Mens division in 2:48:35. Cape Cod Athletic Club won the Women's division in 3:05:23. Somerville Road Runners won the co-ed division in 2:15:31

In an unusual twist, the Cape Cod Athletic Club and Somerville Road Runners tied for first place in the Cape Cod Invitational Cup.

### **Beer Garden Critique**

Jim Preisig-I feel we abandoned the process of voting as a Board. I object to having beer at the finish.

Courtney Bird-We should look at our profit/loss for the Beer Garden and then decide to continue this for next year or abandon the Beer Garden.

Jennifer McKay-I feel the beer was an amenity for the runners, not a money making process

Helen Kennedy-the intention was another added amenity for the race

A motion was made to ask if we should continue with the Beer Garden for 2017. After we receive an Operational Plan for the Beer Tent for 2017 we can discuss the options.

**Coffee O**-Ken Gartner- Going well

**Youth Cross Country**-Ken Gartner-We have been away at meets every weekend for the past 6 weeks. Mass Mutual State Championships with 300 teams, we won 2 races. NH this past weekend we won the

Middle School meet, regionals in Saratoga Springs this Sunday bringing 6 kids, Nationals in Alabama with possible 4 getting there after this weekend.

**Youth Running Program**-Jim Preisig-Teaticket School is scheduled to open 11/28, kids have been scattered throughout town. Morse Pond up and going, Mullen Hall working on getting an outdoor track

**Sea Gull Six**-Mike Norton-No report given

**Main Street Mile**-Brian Bourque-files on Google drive from Tom with grants coming up

**Special Events**-Jen McKay-No report given

**Race Timing**-Courtney Bird-Chatham 10K on Sunday, Jingle Jog timing fee is \$500 with a \$250 donation to the Chamber, Weary Travelers race on 1/8/2017

**FTC Clothing**-Mary Tolland-Ordering more clothing

### **Old Business/New Business**

- Lease is up on the FTC office at the end of December. Landlord has to be contacted.
- Per Courtney, we must cast a vote on where the USATF Marathon Championships will be held. The options being CCM, VT City, Baystate and one other I missed. On line voting until 11/23 at [www.usatfne.org/road/gp.html](http://www.usatfne.org/road/gp.html)

### **2017 Election of Officers/BOD Members**

- There are several members stepping down this year; Kevin Leach, Gloria Leach, Kris Tholke, and Mike Falcone to date.
- A nominating committee will start the process with an email sent out to members with the open positions. Nominating committee consists of Jack Carroll, Ken Gartner and Brian Bourque
- Anyone can be nominated with the deadline for the nominations being before the January meeting
- BOD will make recommendations for the vacancies with the Nominating Committee making a decision at the next meeting

### **2017 Cape Cod Marathon Dedication**-Helen Kennedy

- We would like to recognize Carolyn and Courtney Bird for 30+ years of service at the 40<sup>th</sup> running of the CCM in 2017
- Dedicate the starting line or finish line to Carolyn and Courtney with a plaque similar to the one at the Captain Kidd for Tommy Leonard
- If we cannot do a building plaque we could go to the town and look into a possible medallion in the sidewalk

Meeting adjourned at 8:45 pm