Falmouth Track Club

Board of Directors Meeting August 27, 2015

The Board of Directors Meeting of the Falmouth Track Club was held at the Falmouth Track Club Office on August 27, 2015. Present were Mike Falcone, Jim Preisig, Tom Davis, Carl Gustafson, Jen McKay, Courtney Bird, Doris Beatty, Dave Corbett, Helen Kennedy, Kevin and Gloria Leach

President's Report- Kevin Leach – The meeting was called to order at 7:00 pm. David and Nancy Lewis were present to present and promote the Fifth Annual 5K David Lewis Run/Walk on Saturday, September 5, 2015 at 9 AM at Gosnold on Cape Cod, 200 Ter Huen Dr., Falmouth, MA. This race is a celebration of recovery to benefit Gosnold on Cape Cod. This race is in memory of David Lewis who died of natural causes at the age of 39. David's time at Gosnold allowed him more than 7 years in sobriety. They are hoping to get around 300-400 runners and raise money to benefit Gosnold on Cape Cod. They have raised over \$100,000 so far and hope to continue to raise awareness and money for Gosnold.

Vice President's Report – Jack Carroll – No report given

Secretary's Report –Gloria Leach- The minutes from the June 25, 2015 meeting were presented and accepted.

Treasurer's Report – Mike Falcone- the Balance Sheet, Profit and Loss and Transaction Detail was presented to the Board as of July 2015. There is some confusion on the Profit and Loss, Mike will speak with Judy about this. There was a \$100 sponsor for the Main Street Mile from July that Tom does not know who the sponsor is. Mike will find out and report back to Tom. It was brought up that it might be a good idea to have Judy attend the monthly meetings. It was also mentioned that it would be helpful if everyone could send out their proposed budgets to the Board prior to the November meeting.

Membership – Doris Beatty- reported 311 total membership as of this date, 15 are new members who signed up at the FTC/FRR booth, with 2 renewals at the FTC/FRR booth. Tom Davis brought up the idea of keeping an I pad at the booth for membership sign ups and also credit card access.

Web Site/On Line Services-Julie Waite-A few weeks ago a member asked about access to the password-protected page for the meeting minutes. The password was given to the person but I think the page should remain password-protected, since there is info that could be considered sensitive and does not need to be available to the general public. If a member asks for the password to view the minutes, it can easily be provided. There may be some disagreement with keeping the page password-protected, so perhaps a quick revisit to this would be helpful.

An online store is still something I'd like to do, and had started to try to find a satisfactory plugin for Wordpress to accommodate one. Unfortunately, all the ones I looked at and tested want you to use a particular 3rd party credit card service, or select from a few options. None including

SecurePay. This fall I intend to look again, maybe one of them now includes SecurePay or there's a new one that does. Otherwise, I may have to build a custom store.

I will be working on getting the online calendar caught up by the next board meeting.

Seagull Six –Mike Norton –No report given

Main Street Mile-Tom Davis-The race is 2 weeks from this Sunday.

- The Fun Run walk will be <u>after</u> the competitive mile.
- We have a new sponsor, gold level, the Quarter Deck Restaurant. We have 41 on line pre-registered, 8 registered by mail with 5 comps from the Youth Program out of the 8.
- Press releases have been sent out to the Falmouth Enterprise and the Cape Cod Times.
- Still looking for volunteers and raffle items are still needed

Cape Cod Trail Race-Carl Gustafson-April 10, 2016 is the date of the Trail Race. Registration will open in October. There will be no Expo this year. Carl is having surgery in Dec and will be out of commission for 6 weeks and he cannot put the organization of the Expo on anyone. There will be a dinner the night prior to the Trail Race at the church in Waquoit. Jeff List is working on the timing and Ira is in charge of food.

Cape Cod Marathon- Matt Auger-No report

Oversight Committee-Jim Preisig-Met with Matt on July 30, happy with progress, working on sponsorship, on line registration, things getting resolved. Another meeting scheduled for next week.

Wednesday Track Workouts-Carl Gustafson-Biggest turnout was last night with 36 runners present! Marathon Sports coupons, fruit infused water bottles, Mary's recipes, Yoga, gummy worms for the kids are all items presented to attendees. A 3 week fitness test was given and most times were improved. Ann Tarrant will have to have a CORI check as a coach so she is insurance protected. Looking for FTC support on Thursday, September 24 on the bike path at the Silver Lounge for the Wounded Warrior.

Newsletter-Carl Gustafson-The newsletter is maturing. We may have a potential line editor, Maggi Yates. Tom Davis has offered to help with photos.

Coffee O-Ken Gartner-No report given

Youth Track-Ken Gartner-Youth running going well.

- Real good runs by the kids in both the road race local youth mile and also the road race itself. FTC kids placed very well in boys and girls overall divisions.
- Fall cross country is looking very good. We have a bunch of new kids and we may be able to field 3 or even 4 full 5 person age group team (2 years ago we really had no teams and just individual runners)

- We will need a lot of uniforms this year and will likely go with the normal shorts and singlets as opposed to the t-shirts we did last year. I will work on getting those ordered soon. We may need 30 or more
- The meets last year were in NH and northern Maine with this year being in Smithfield, RI, a much shorter and easier trip
- Lawrence School is starting a fall cross country program this year as well for grades 7 and 8. I am hoping we can work together with their program, I've spoken with Tom Bushey about that already and our USATF meets will not interfere with their meets, the USATF meets will be after their season is over
- We plan on participating in the CCM Relay as we have in the past 2 years. We definitely have 2 teams and maybe even a 3rd team this year. (we started 2 years ago with 1 team and went to 2 last year) Our A team will place very well this year, as well as our B team.
- We have kids from many different school, Lawrence, Morse Pond, N. Falmouth, E. Falmouth, Falmouth Academy, Riverview, St. Francis, Sturgis, etc. We had a couple of our college runners running with the kids on occasion this summer as well
- Many thanks to the FRR for putting on the local youth mile. Kids had fun with it.

Youth Running Program-Jim Preisig-The numbers were up this summer with a great year. Wide range of kids which made it a challenge to create a program for everyone. A special thank you to all volunteers. We may need another coach for next year.

Race Timing-Courtney Bird- The last race we did was a 5K in Mashpee, Woodlands Run on 7/18, MSM coming up, waiting to hear on a race in Hyannis in October, Jingle Jog in December, recert the Half Marathon.

Members at Large-John Banner and Paul DiAngelis-no report

Special Events-Jen McKay-

- FTC Autumn Golf Tournament at Paul Harney's Golf Course, shooting for Sat., Sept. 19
- Boston Red Sox- Runners Day- Thursday, Sept. 24 7 pm game vs Tampa Bay Rays- a block of 20 seats, outfield grandstand, sec 4, first come, first serve basis. Jen will get more details and report back
- Mike Falcone made mention of the Litchfield (CT) Hill Road Race, which takes place next June. It is the 40th Anniversary and this race mirrors the FRR at just over 7 miles. We may want to get a group together and go down.

New Business-

Old Business- Club Insurance, Geoff Nickerson to attend the September 15th FTC meeting. He is an attorney who may be able to give us some guidelines. Also, an insurance person is coming to look over our policies.

Meeting adjourned at 8:30 pm