

**Falmouth Track Club**  
**Board of Directors Meeting**  
**June 27, 2005**

The meeting of the Board of Directors of the Falmouth Track Club was held at the Quarterdeck Restaurant on June 27, 2005. The meeting was called to order at 7:39 P.M. by President Russ Pelletier. Present were Joan Pelletier, Carolyn and Courtney Bird, Terry McKee, Fred Keller, Judy Keller, Bob Richards, Linda Barker, Pat O'Brien, Kris Tholke, Janet Folger, Paul Hartel, Monte Ladner and Doris Beatty.

As Dr. Monte Ladner was our guest speaker tonight, the business portion of the meeting was abbreviated.

1. Secretary's Report

The secretary's report was previously distributed By Kris to board members for reading before the meeting. Minutes were accepted.

2. Reports from Officers

**Treasurer's Report.** Joan reported that we have \$38838 in checking and ~\$8000 in our CD. Scholarship money has been paid out.

**Membership** – Doris Beatty reported that there are 154 paid members. Emails were sent to non dues payers from 2002-2004 as a gentle reminder to pay. From that, 3 requested their names off the list and 1 paid. Periodic information emails will now only go to dues paying members.

**Main Street Mile** - Russ reported for Mike Sbrocco that the scholarship checks have been distributed as follows:

Justin Ladner and Ryan Herget receive the \$500 Paul Phinney award.

Adreas Tsisos and Lindsey Maddock received the \$500 Margaret Bradley award.

Sam Solomon received the \$250 Jin Gheris award.

Janya Witchner and Kelly Duchemin received the \$250 FTC award.

**Special Events** – Carolyn Bird reported that Sandro Seglini will hold a Sunday fun run from his house this coming Sunday. 32 Clowes Dr.

Russ and Joan will have their annual cookout July 15 after the Friday Night 5.

**Cape Cod Marathon** – Courtney Bird reported that we have 334 runners and 21 relay teams signed up. We might consider adding more runners due to lower sponsorship. This will be discussed at a separate meeting.

**Member at Large** – Janet Folger reported that 27 FTC singlets have been sold with 23 left. The committee would like to order Coolmax shirts. They received the OK to go ahead with another order.

There will be no meeting in July. Enjoy the summer!

Guest speaker Dr. Monte Ladner spoke to the group for the remainder of the meeting. He spoke of the importance of cross training, weight training and diet to improve and prolong running careers.

5. Adjournment: The meeting adjourned at 8:39 p.m.