Falmouth Track Club

Board of Directors Meeting June 14th, 2016

The Board of Directors Meeting of the Falmouth Track Club was held at the FTC office on June 14th, 2016. Present were Kevin Leach Tom Davis, Mike Falcone, Helen Kennedy, Jennifer McKay, Julie Waite, Carl Gustafson, and Kris Tholke.

President's Report – Kevin Leach - Introduced a new member, Steve Morris, who walked into the meeting and joined the club. Steve is an Optometrist and longtime resident of Falmouth who also resides in Middleboro, Ma.

Vice President's Report - Jack Carroll - No report given.

Secretary's Report – Kevin Leach – The minutes from the May 9th, 2016 meeting were approved and accepted. It was noted that as with any set of minutes, corrections can always be made at a later date if deemed necessary

Treasurer's Report – Mike Falcone – Financial reports were not available for the meeting. With the transition to new membership director, Judy Dimario was not on aware of the meeting date for June until the previous afternoon. Reports will be sent to all BOD members as soon as they become available.

Kevin Leach reported having recently met with Judy and Mike Falcone. Discussions centered around how all communications with Judy regarding deposits and expenditures should be handled going forward. The board was reminded that Judy is our book keeper, and responsible for documenting of deposits and expenditures. For deposits; She needs to know who is it from, how much, and what was it for. The same for expenditures; To whom, how much, and what was it for. For efficiency sake that is all the information she needs to know. We pay her for her time. She reported that too often she receives emails with questions that she is not able to answer and are questions that should be answered by either Leslie or a BOD member. To help reduce the amount of emails sent to Judy, Kevin requested that going forward, all email correspondence of this type be sent to Leslie, with a CC to Mike and himself. This way emails can be screened and we will only forward the ones that Judy needs to see.

Also reviewed was the policy for submitting reimbursement forms and how payments will be handled. In general, the current practice has been going well but there are ways to also improve the efficiency of getting money back to folks that have used out of pocket expenses. A word document has been put together that Kevin will send to all BOD members as part of the minutes for this meeting. It will capture how we would like to handle business going forward

Mike reported that his request for budgets was not successful. Please forward your budgets to Mike as soon as you can conveniently do so.

Coffee O / Youth Track – Ken Gartner – Ken reported we had great turn out at the Flak Day 5K by the FTC youth group. Kevin Leach, having been in attendance, reported that the starting line was crowded with kids wearing FTC singlets. Race director, Rich Sherman praised both Ken, for his program, and the kid's performances during the postrace awards. Many of the kids took home

prizes. Kevin authorized a pizza party for the group as a way of acknowledging their participation in the race and representing the Falmouth Track Club.

Ken tabled a concern that the new start for the Main St. Mile is a potential safety issue due to the width of the road, along with the nature of youth races, where by kids all want to toe the starting line and are not be willing to line up in a reasonable manner. Tom Davis agreed to consider ways to mitigate the hazard and will discuss at the next meeting.

2016 Student Scholarships – Kevin Leach – Kevin reported that the scholarship committee of Paul DiAngelis, Kris Tholke, and Ken Gartner had selected 5 recipients for \$1000.00 scholarships. They were Amanda Hebert, Wei-Ren Murray, Collin Simpson, Ashley Oliveria, and Ashley Estrella. It was unclear if these awards were announced or acknowledged and the June 2nd school awards night. Kevin will follow up with Paul D. to see if this occurred. If not, he will look into getting a photo taken and published in the Enterprise to acknowledge the awards and the recipients

CCM Weekend – Tom Davis/Helen Kennedy - Both Tom and Helen attended an event in Maine similar to ours as a benchmarking effort. They found it very beneficial for new ideas, as well as an opportunity to network and promote our own event. They reported talking with the company called "Race Wire", an all-inclusive timing, bib provider, etc. company about the service they provide and at what cost. Initial look showed a potential cost savings to how we presently time and manage that aspect of the race? More follow up is needed, but initial look was favorable

Tom and Carl recently attended the Vermont City Marathon to network and benchmark that event as well.

Tom reported that Addady was picked up as a \$1000.00 sponsor for the CCM.

Number of CCM entries to date;

Marathon: 298 ½ Marathon: 488 Marathon Relay: 28 Teams

Chowder Challenge: 36

Total # of entry's 896 (14% increase from last year at this time)

Cape Cod Trail Run/Track Work Outs. – Carl Gustafson – Carl has spoken with a potential speaker for the CCTR by the name of Paravonah Moayed. She is a woman who will soon complete her 1000th marathon. He described her as an exceptional positive motivational speaker who would be an excellent candidate to come and talk at our CCTR. He did ask the club to consider offering her one of our BAA waivers for the Boston Marathon as a bartering chip to have her come and speak. There would be no additional cost to the club, only one of our 4-5 club waivers. No vote was taken; it was agreed to continue for further discussion.

July will mark the 5th anniversary for Carl's weekly Wednesday track work outs. During that time, there have been only 2 Wednesdays where there was not a track work out. They fell on New Year's and Christmas. An exceptional effort! Carl is planning a celebration to mark the anniversary, on July 6th at the track. The celebration will include music, food, a shoe vendor, and special track events.

Carl is planning a "Full Moon Fat Ass" run on Sandy Neck, beginning at 7 pm and lasting until 11pm on August 17th. He has permission from the director of Sandy Neck to conduct both a 10K and a

25K run on Sandy Neck under the full moon and low tide. It is intended to be a fun social event and not a competitive event. More details will follow.

Carl has been in touch with the Mashpee Chamber of Commerce about a "Business After Hours" event at Mashpee Commons. This would be an opportunity to show the Chamber of Commerce what the FTC is all about, what we do for the community, and as a way to promote our club. The potential date for this event is October 12th. More details to follow

Carl reported that the club newsletter is going well and asked that folks submit any photos and or stories that would be appropriate for the publication. He is also looking for new ideas and discussed a culinary column involving Mike Falcone.

Carl reported that the "Mount Washington Hike" bus trip event planned for later this month is on schedule for a great day and will not lose money. Much enthusiasm surrounding this event.

Carl requested that the club consider supporting a yoga exercise session following the track work outs on Wednesday's. It would include a 30-minute session for both the 5:30 group and the 6:00 group each week and would follow the workout each week year around. The cost would be \$1500 for the entire year. The sessions would be available to any club members. While acknowledging that the cost was significant, he asked we consider the enormous benefits to our bodies as avid runners and especially as we age. We agreed to table the request for further discussion and consideration.

Temporary Membership Director – Kevin Leach – Kevin reminded everyone that Courtney Bird is temporarily filling the role of Membership Director following the resignation of Doris. Any information needing to be communicated to the membership or issues associated with membership should be sent to Courtney until such time that we are able to fill the position.

2 names were submitted to fill that role. Mary Vanderslake and Jill Polvinen. It was noted that Mary would soon be moving. After discussing Jill's background as a project manager for a construction company and computer experience, a motion was made and accepted to name Jill as the new Membership Director.

Youth Running Program – Jim Presig – Jim's report was via email. All is well and on schedule for the summer program. No problems or issue were noted.

Seagull Six - Mike Norton - No report given.

FTC Clothing – Mary Tolland - No report given

Main Street Mile – Tom Davis – He and Dave are working on contacting sponsors. Discussed the potential safety issue with the new start. Also discussed positive changes with earlier start time and new course, which involves using more of Main St. and all of Shore St

Special Events – Jen McKay – The Spring 2016 FTC Golf Tournament at Paul Harney's Golf Club went very well with 30 participants. Aside from a little rain, everyone had a good time

Old Business – New Business – The new computer for the club has been installed and running well with no reported problems. Mike Falcone was able to purchase the system for \$355.00 and installed it himself.

Agreed to continue to look at new race timing equipment

Agreed to discuss absentee voting for club business

Meeting adjourned at 8:55 pm