Falmouth Track Club

Board of Directors Meeting April 21, 2016

The Board of Directors Meeting of the Falmouth Track Club was held at the Quarter Deck Restaurant on April 21, 2016. Present were Tom Davis, Carl Gustafson, Mike Falcone, Helen Kennedy, Jennifer McKay, Julie Waite, Courtney Bird, Kris Tholke, Jim Preisig and Paul DiAngelis.

President's Report - Kevin Leach - Absent - No report given

Vice President's Report - Jack Carroll - No report given

Secretary's Report – Gloria Leach – Absent – The minutes from the March 15, 2016 meeting were accepted.

Treasurer's Report – Mike Falcone – The Profit and Loss report was forwarded from Judy. Mike presented the list of expenses not covered by event or program budgets,, which is \$37,415.

After discussion the decision was made to sort the list into two categories: Member Benefits & Activities (previously Special Events) and General Operating. Scholarships and misc donations will be put under Community Donations.

At the next meeting Mike will present the list revised as budgets. Noted that Judy will likely need to create new accounting codes.

Membership – Doris Beatty – Absent – report by email: 359 total membership as of this date, 264 have renewed for year 2016, 95 need to renew for 2016.

Seagull Six – Mike Norton – Absent. Court noted that numbers were down this year, likely because of the weather. Pre-registration numbers had been down a little, more the week before the race, and way down for day-of-race registration. There was a high no-show rate.

Cape Cod Trail Race – Carl Gustafson – Absent – report by email: The dinner went well. The Navigator is an excellent facility. The race went well. with fast runners from the club including Ken and Mike winning their races. The budget will be closed out soon. Julie added that there were 415 registered for the race. However, there was a high no-show rate of 23% (same as last year). 68 kids participated in the kids races.

Main Street Mile – Tom Davis – Has received approval from the Falmouth Police Department for a change in course and time. The new course starts at Quarterdeck, down Main Street, turns onto Shore Road, and finishes at Surf Drive Beach. New start time is 9 am. Date is Sunday, September 18.

Cape Cod Marathon – Tom Davis – The Marathon has been approved by the town (Special Events and Selectmen). Helen will meet with the Police Dept next month.

Registrations to date: 168 marathon, 224 half, 18 challenge, 11 relay. Compared to last year, it's about the same for marathon, but way up for half. An email blast was sent to 11,000 past participants. Rack cards are being distributed in the New England region.

Looking to use MyLaps for a tracking app, rather than RaceJoy. MyLaps creates custom apps and is much cheaper.

There will be a post-race half/pre-race marathon dinner on Saturday night.

Sponsors: Met with Novo Nordisk. They are sponsoring for less money, saying they're giving less in grants and donations in general this year. A request will be made to Novo for more silk-screened bags. Clif Bar is a new sponsor. Muscle Milk is still a possibility. Tom networked with businesses at the Boston Marathon Expo and has brought in Addaday for the Expo.

Expo: Carl has resigned from heading the Expo. He will still work with smaller sponsors. Leslie will step up on helping to organize the Expo.

Cape Cod Beer: Wants to sponsor and add a beer tent at the finish (possible location being behind the museum). However, CCM would still need to cover half the beer cost, 3 employees, liquor license, permit, and possibly insurance. Carl has strong reservations about having a beer garden, and in general, a beer company as a sponsor. Board needs to vote on whether to have a beer garden.

Suggestion was made to move the May meeting up to discuss Cape Cod Beer and the Expo. Monday, May 9 was agreed upon.

Wednesday Track Workouts - Carl Gustafson - Absent.

Coffee O – Ken Gartner – Absent – report by email: Going strong with numbers picking up recently. There is a new group of younger runners who have been coming.

Youth Track – Ken Gartner – Absent – report by email: The youth running is going well, with about 20 to 30 kids still running at least once a week. There are new people coming and have many that want to start once spring sports are done. The group rotates between the high school, Trotting Park and running the bike path to Woods Hole. Trotting Park has a new surface now, so the group may be running there more and less at the high school, as the softer surface is better and safer for the kids.

Some of the kids have participated in various local road races, among them the Hyannis 5k, Plymouth 5k, Seagull Six, and the Trail Race, in both the 10k and kids races. We hope to have large turnouts at the Oak Bluffs 5k on Memorial Day Sunday and the Flag Day 5k in the Heights. Both these races have kids discount entry prices and Rich Sherman has been very generous with his Flag Day race in accommodating the kids and offering free entries to any kids in need.

Some of the kids in the group will be running track at Lawrence this spring. We may participate in the MA state middle school meet. USATF has a spring track series also, which we may do. Some of the kids will be running in high school this fall and we will have a program for running 3 to 4 times a week this summer for these older kids.

Thinking ahead, the fall USATF cross-country races will be much further away - possibly NY.

Hope to bring back the summer solstice mile this year also.

Youth Running Program – Jim Preisig – Interviewed for a replacement coach for the younger group. The flyer is updated and will go out to the schools soon. 4 weeks starting on June 28 on Tuesday and Thursday nights. Mullen Hall, after stalling out on putting in a track, is ready to start the project. The track will be of crushed gravel.

Race Timing – Courtney Bird – Upcoming races to be timed are Liam's on 5/1, Millville 5k on 6/4, Flag Day 5k on 6/12, Woodlands (Mashpee) on 7/16, and Main Street Mile on 7/16. There is the possibility of a new 5k in Pocasset on Labor Day. As for course measurements, there is someone who organizes several races who is interested in distance certifications.

Members at Large - Paul DiAngelis and Kris Tholke - no report.

Special Events – Jen McKay – Jones Road clean up will be May 7. There was some concern about needles. Paul will find out what the police recommend, though it will likely be to just leave them as they are.

The Spring 2016 FTC Golf Tournament at Paul Harney's Golf Club will be on June 11.

Jack Afarian's Club party will likely be on June 18.

Old Business - The newsletter was re-launched in April and is on track for one in May.

The Mt. Washington adventure is filling. There are still a few spots and Carl is receiving payments.

New Business – Mary Tolland requested by email a donation to support her participation in the . A motion was made to donate \$100. Approved.

A new office computer is needed to replace the one on the Marathon Director's desk. The rough estimate is \$500-600 for a computer and \$100-150 for set up. A motion was made to budget a maximum of \$800. Approved.

Meeting adjourned at 8:35 pm